

THE CHURCH AT STUDY

February 6, 2010
9:20 AM

Children's Sabbath School: Lower Level
Adult Sabbath School: Sanctuary

Superintendent: Gilda Inaudi

Sabbath School Study - 9:55 AM

“The Fruit of the Spirit is Kindness” (Adult Quarterly)

Teacher and Location

Tony Valdez - Adult Quarterly
Sanctuary

Peter Stickney's Class is postponed until February 27

Pastor Roldan Abello - Filipino Tagalog Class
Room by the Piano

Mike Martell - Deacons' Study Hour
Room by the Resource Room

Tim Peters - New Young Adults Sabbath School
Tower Room

Pastor Mark Ferrell - Pastor's Class for Visitors and New Adventists
Seminar Room (Lower Level)

Welcome to everyone on this Sabbath day at San Francisco Central! We have assembled in the presence of God, to enjoy His friendship and receive His blessings; we are glad you're here with us! All good experiences are better when shared with people we love, new friends or old! Visitors please join us for our Fellowship Meal in the Loughborough Center following the worship service.

THISAFTERNOON

12:30 PM - Deaconesses' Meeting

2:00 PM - Christ Magnified Class - Seminar Room

5:30 PM - Registered members of the Bible Study Fellowship Class

ANNOUNCEMENTS

Parking Lot - A reminder: If you need to park in the center of the parking lot, please move your car right after the service today so that other cars can leave as well.

Prayer Requests - You will find enclosed with this bulletin a prayer request form for **February**. If you have a request and would like to have the congregation pray over it and also have it listed in the church bulletin, please fill out the form and put it into the prayer box in the front of the sanctuary next to the pulpit. The requests will also be presented at the Wednesday morning prayer service if you so indicate.

OFFERING EMPHASIS

Today - Central Church Budget
February 13 - Adventist TV Min./World
February 20 - Central Church Budget
February 27 - Conference Faith Advance

LOOKING AHEAD

2010 Women's Retreat at Soquel	February 5 - 7
Women's Ministry Quilting Class, 9:30 AM - 2:00 PM	February 7
Elders' Meeting, 6:30 PM	February 9
Church Board, 7:15 PM	February 9
Deacons' Meeting	February 20
Health Seminar	February 20
Men's Ministry Meeting: Men of Power	February 27
Mark Anthony's Cooking Show, 2:00 PM	March 7
Young Adult Rally	March 27
Communion	April 3

Tomorrow, 9:30 AM - 2:00 PM - The Women's Ministries quilting session will be held in the Seminar Room. Please let *Stefanie Chapman* know if you are planning to attend.

Monday Night Bible Study - The series, *Following in Christ's Footsteps: A Study of the Life of Christ in the Gospels*, is being taught by *Donna Cline* at **7:00 PM** in the Seminar Room.

Tuesday, February 9 - Elders please meet at **6:30 PM** in the Seminar Room prior to the **Church Board Meeting at 7:15 PM**.

Wednesday Prayer Service begins at **10:00 AM** in the Seminar Room.

Wednesday Bible Study begins at **7:00 PM** in the Seminar Room.

Friday Night Young Adult Vespers, 7:00 - 9:00 PM in the Loughborough Center at 1844 Broderick Street. Our Parking lot on Pine Street is available

Sabbath, February 13 *Pastor Mark Ferrell* will be the speaker for our Service.

Adventists on the Move - **URGENT** Help is needed for Haiti. ADRA has committed \$1,000,000. ADRA is coordinating international rescue and medical teams. Call 1-800-424-ADRA (2372). SF Central Kid's Fund-raiser for this cause has already reached 1/3 of their goal of \$3,100.00.

Deaconesses' Sock Drive - Please donate new socks to help the homeless. Target appears to have the best prices; also Costco.

SUNSET tonight - 5:39 PM; next Friday - 5:46 PM

HAPPY BIRTHDAY!

February 5	Tony Valdez	February 23	Pat Wilson
February 5	Kay Wickham	February 25	Kerry Fehlberg
February 17	Corazon Smith	February 25	Kris Martell
February 22	Trinidad Hidalgo	February 27	Lily Buffington

FEBRUARY PRAYER LIST

S. F. Central Church Family
San Francisco Adventist School,
Evangelism, Job and Housing needs,
Our members in the Military and their Families
Haiti Earthquake Victims
Government Legislation

Special Prayer Requests:

Medical: *Barnell, Candace, Lonnie, Dr. Wong*

Special Needs: *Mark & Melissa*

This list is updated every month. If you have a request and would like to have the congregation pray over it and also have it listed in the church bulletin, please fill out a request form and put it in the prayer box by the pulpit.

6:15 AM is Adventist Prayer Time around the World

MEDIA LISTINGS

3 ABN Live	www.3abn.org	618-627-4651
ACN	www.acnsat.org	800-226-1119
Amazing Facts	www.amazingfacts.org	916-434-4388
Between the Lines	www.btlministries.org	800-298-9496
Breath of Life	www.bolministries.com	877-265-6333
Faith for Today	www.lifestyle.org	888-940-0062
Freedom's Ring	www.churchstate.org	805-413-7396
Hope Channel	www.hopetv.org	301-680-6689
It Is Written	www.iiv.org	805-433-0210
La Voz de la Esperanza	www.lavoz.org	805-955-7641
LifetalkRadio	www.lifetalk.net	615-469-5122
The Quiet Hour	www.thequiethour.org	800-900-921
Voice of Prophecy	www.vop.com	805-955-7611
Bible Studies	www.biblestudies.com	
Bible Studies for Kids	www.kidzvop.com	

CONTACT INFORMATION

Church Office	sfcentralchurch@gmail.com	415-921-9016
Pastor Mark Ferrell	sda1844@hotmail.com	650-851-7792
Pastor of Outreach - Roldan Abello	abelloMR@yahoo.com	415-707-9125
Head Elder - Alex Jayme	raxsel@live.com	510-895-0672
Head Deacon - Michael Martell	mmartell436@hotmail.com	415-626-9183
Head Deaconess - Myriam Reginato	myriamreginato@yahoo.com	
Personal Ministry - Donna Cline	adventistministry@gmail.com	415-342-0706
San Francisco Adventist School	sfasonline.org	415-585-5550

WORSHIP SERVICE

February 6, 2010

10:50 AM

Prelude

Welcome & Announcements

Hymn of Praise

Don't Forget the Sabbath # 388

Tithes and Gifts of Love

Children's Offering for Student Financial Aid Fund
Doxology: *Praise God from Whom All Blessings Flow #694*

Children's Story

Xenia Cristalis

Special Music

Mayra Bermudez

*Now, Dear Lord, as we pray,
take our hearts and minds far away
From the press of the world all around
To Your throne where grace does abound.
May our lives be transform'd by Your love,
May our souls be refreshed from above.
At this moment, let people everywhere
Join us now as we come to You in prayer.*

Congregational Prayer

Scripture Reading

Exodus 20:8-11

Gilda Inaudi

Sermon

Disregard the Sabbath

Pastor Mark Ferrell

Hymn of Response

Faith of Our Fathers # 304

Postlude

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Platform Coordinator: Jude Delgado
Accompanist: Andrea Witt

Deacon in Charge: Stephen Kong
Greeters: Dean Gain & Priscilla Der

An elderly woman going through a forest came to a crossroads. She stopped and threw her walking cane up into the air several times. A man with a wagon was traveling behind her. He saw the woman standing there throwing her cane up in the air. Finally she took the road to the right.

After a while the man with the wagon caught up with the old woman. He invited her to ride with him, and she stepped up into his wagon. After a little while he told her that he had seen her standing at the crossroads throwing her cane up in the air, and he wondered what the purpose of that exercise had been.

The woman confided to him that in her walking through the forest she often came to crossroads. Inasmuch as she did not always know which road she should take, she divined the right course by throwing her cane up into the air. In whatever direction the head of her cane pointed when it came down, that road, she said, she took. Then she added quickly, "But sometimes I have to do it more than once." She had already made up her mind which road to take, and kept on throwing her cane until it pointed in her chosen direction. To individuals with predetermined decisions God does not unveil His will.

God is eager to guide His committed servants, even in the minutiae of life. He is willing to direct you and me, not only in the big decisions of life, but also in the small ones. —

By Arnold V. Wallenkampf, *These Times*, April 1970.